

Register for classes at cedarhills.org/recreation using Rec1.com.
Questions? Call 801-785-9668, ext. 302.



HIGH Fitness (New Hours)

HIGH Fitness® takes old-school aerobics to the next level by combining simple, modern fitness techniques such as HIIT training, plyometrics, and intervals of strength and cardio with music you know and love. Shake off the quarantine blues with HIGH Fitness!

When: Back to Monday and Wednesday mornings at 6:00 am

now that school is back in session.

Cost: \$5/class, or punch passes can be purchased at a discount. Your first class is always free.

“Evil Scientist” Physics Class

This is a 6 week science class that will be held Tuesday afternoons. In this new class, students will explore the amazing world of physics through hands-on experiments. They will discover information about a variety of physics topics including motion, heat, light, and sound.

Experiments Include: Fire bubbles, making a laser maze, marble roller coasters, water balloon catapults.

Cost: \$69



Jr. Jazz

This is a recreation league for boys in grades 2-9 and girls in grades 2-8. Most games are played on Saturdays at either Mountain Ridge Jr. High or Lone Peak High School. Coaches will determine when practices are held. Non-residents, welcome! This year all teams will play 7 games and due to COVID we have to limit the number of participants due to decreased gym space in the schools. Sign up early to make sure you get a spot. In grades 5th and above we will only allow 2 buddy requests per player and each child must name the other kids on their request as well to make sure you get on the same team. In grades 2-4 we will allow friends/neighbors to play together but we would request that one of the parents must coach the team.

Registration Dates: October 1st – November 29th

Season: January thru March 2021

Ski Bus

Join the Cedar Hills Ski or Snowboard Night School at Brighton Ski Resort. Classes are based on the skill level and number of participants. All levels are welcomed. Four classes will be offered in the month of **February: 13th, 20th, 29th, and March 6th**. Each Saturday includes transportation, lesson and a night lift pass.

Registration Dates: October 15th – until full

Cost: \$250 for bus, lessons, and pass



All class sizes are limited to adhere to social distancing recommendations from the State.



www.highlandcitylibrary.org

**Superhero Saturday
October 24 @ 1:00-4:00 pm**

Have you always wanted to learn how to be a superhero? The whole family is invited and costumes are encouraged. Pre-registration on our website begins Oct. 10th. Space is limited.

Baby Bookworms

Fridays @ 10:15 am for ages 0-2

Story Time

Tues and Thurs @ 11:00 am

for ages 3-5

NEW online Story Time! Details on our website.

Jr. Explorers' Club

Thurs @ 4:00 pm for ages 6-8

Tween STEAM

Take home packets for ages 9-12

Parent/Child Book Club

“A Long Way from Chicago”

Oct. 21 @ 6:30pm for ages 9-12



All programs require pre-registration through our Library website. Highland City Library cardholders only.

TEEN Halloween Zines

All month long

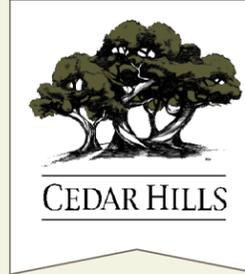
Hispanic Heritage Month

Come celebrate with us
September 15-October 15.

**Spooky Self Serve
Halloween Walk**

Oct. 30-31

CLOSED 10/24 for event



801-785-9668

www.cedarhills.org

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Upcoming Meetings

City Council Work Session	Oct. 6 & 20 @ 6pm
City Council Meeting	Oct. 6 & 20 @ 7pm
Planning Commission	Oct. 27 @ 7pm

City Phone Numbers

Dial 801-785-9668 & ext:
Front Desk 100
Building Department 200
Business Licensing 504
City Recorder/Passports 503
Pro Shop 600, 603
Public Works 200
Recreation 302 or 603
Utility Billing 400
Vista Room 300
Zoning/Code Enforcement 500

Other Phone Numbers (801)

Police/Animal Control 763-3020
Cedar Hills Golf Club 796-1705
AF Police 763-3020
Emergency After Hours
801-420-2243



**Our Home Town
Newsletter • October 2020**

There is magic in the night when pumpkins glow by moonlight.

Did COVID Cancel Halloween?

When you think of the best and most fun family Halloween activities, memories of trick-or-treating around the neighborhood, all decked out in your best Halloween costume, visiting the nearest pumpkin patch on the perfect crisp, fall afternoon to find that perfect gourd to carve up, or eating the most delectable Halloween treats till you pass out from a sugar overload, are likely to come to mind. This year might just be a little different. Most of 2020 has been altered by COVID, and the spookiest night of the year will likely be no different. However, Halloween hasn't ghosted us yet. Will there be trick-or-treating, costumes, parties? Will people even feel comfortable being “scary” during COVID-19? Only time will tell, but in the meantime, we've started compiling a list of ideas for how to safely get your spook on in 2020. **Decorate your house to the MAX:** Haunt the neighborhood with store-bought or DIY (or shall we say boo-it-yourself) Halloween decorations to transform the inside of your home, porch and more. **Drive-by costume parade:** A fun way to showcase your costume! People also decorate bikes, wagons, golf carts and cars to show off their looks! Halloween movie marathon: You can choose to do this one via a projector in the backyard, or just with your family bubble on the couch. Pop some popcorn and throw on your favorite spooky movies and TV shows. **Drive-Thru haunted house:** Haunted houses will certainly look different this year, too. But drive thru, contact-free Halloween experiences are starting to make headlines. Search online for “haunted roads” or “drive thru haunted houses” to see if there is one near you!



Fall Open Burn 2020 Season Canceled

A message from American Fork Fire & Rescue Fire Chief Aaron Brems:

Due to extreme drought conditions throughout the State and high fire danger, the Utah State Forester has postponed the Fall 2020 Open Burn Season (Including Agricultural Burns). The Department of Air Quality has closed the application database for the application for a permit to burn. All those found burning in the City of Cedar Hills will be issued a citation. A recreational fire pit **with a screen** is still okay to use, however, a fire within those can only be 3' across, 3' high. All open fires east of Canyon Road, within the city limits are **prohibited**, unless an approved screen is used.



Mayor's Message

In October, the City Council will be recognizing several individuals as Cedar Hills Champions for their efforts in saving the life of a resident. On August 20th, dispatch received a call that a man was in cardiac arrest. A neighbor, Lionel Longson, immediately began CPR and continued until police and EMS arrived on the scene.

The police and EMS personnel:

Captain Jordan Hendrickson, LT. Chase Parry, FF Patrick Cullen, Paramedic Chad Jensen, and Battalion Chief Eddie Hales of **American Fork Fire**; Sergeant Stuart Fore, Officer Robert Ariza, and Officer Phillip Craig of **American Fork**



Police – were able to resuscitate the individual and transported him to the hospital, where he received the care he needed and was later released. Medical staff from the hospital have said that without the life-saving efforts of Mr. Longson and the EMS/police team, the patient would not have survived. We appreciate the efforts of all involved and look forward to the opportunity to honor them during the October 6, 2020 City Council meeting.



Mayor Jenney Rees

STORM WATER TIP OF THE MONTH

What you do makes a difference!

You might not think that you can help solve the problem, but you can! The average home can accumulate as much as 100 pounds of chemical waste each year – from common household and lawn/garden products such as: Paint, paint thinners, cleaning solutions, degreasers, pesticides, weed killer, fertilizers, antifreeze, motor oil, gasoline, and diesel fuel. You can help protect our water systems by disposing of these chemical waste products properly. The nearest waste station is North Pointe in Lindon. Many of these items are **FREE** disposal. If you have any questions, feel free to call **North Pointe at 801-225-8170**.

Low Hanging Trees

Trees and landscaping which overhang into a street need to be trimmed up at least 13½ feet above the street pavement. Street trees and other landscaping plants are permitted within the clear vision area, provided they are pruned and trimmed to a height of not more than three feet (3') nor less than seven feet (7') above the established grade so as to not obstruct the clear view of motor vehicle drivers.



Dirt, Debris and Materials on Public Streets

It shall be unlawful to place or spill without immediately cleaning up any material or debris on a public street or sidewalk or for a driver of any vehicle to track mud or dirt into a public street. Violator shall within 12 hours clean the street or shall be liable to the city for the costs of doing so.

Winterizing The Pressurized Irrigation

The Fall season brings cooler weather which means **yard work is coming to a close until Spring**. The Public Works Department will begin their winterizing process for the pressurized irrigation system on **October 12th**. Your **PI water will no longer be flowing by October 15th** until it is re-energized in the Spring. Draining the irrigation system takes a few days to complete. The higher (elevation) your irrigation system is, the sooner it will be out of water.

To assist with the process, the City asks that you leave your individual irrigation system valve in the same position it has been through the summer to water your lawn. No need to do anything right now! Yay! This will allow for proper drainage of the system. All private, commercial, and public irrigation systems should be completely drained to prevent damage to the system's components due to freezing water inside the pipes and valves. Prior to the system being energized in the Spring, we will remind you to "close" your individual valves. Closing your valves will protect your system from water pressure spikes as the City system fills.

If your sprinkler system is still in service after October 18th, please notify the City. The City will provide an investigation for a possible cross connection.

Animal Shelter Information

Licensing your pet is now available on-line at www.nuvas@orem.org or call (801) 785-3442. You **MUST** email a copy of your pet's rabies certificate to nuvas@orem.org. Please include in the email your name, and the name of your pet, and we ask that you put in the title of the email "Rabies for Online License". Once it has been received, a new license tag will be mailed to you.

General Election 2020

In the 2020 election, voting will not be done in person. Every eligible voter will receive a ballot by mail which will be sent out the week of October 12th. If voters do not receive their ballot by October 16th, they should contact the Utah County Elections Division for a replacement ballot **(801) 851-8128**. There will be no ballot box at the City Office Building. To find a Curbside Dropbox near you, please visit <https://ssl.utahcounty.gov/dept/clerk/aud/elections/Curbside.html>

Parking for Boats, Trailers, and Oversized Vehicles:

A friendly reminder NOT to use public streets for long-term parking of cars, trucks, trailers (for work or play), RV's, boats, campers, basketball standards, etc. According to city ordinances, such items cannot remain on the street for more than 48 hours. It shall be unlawful to leave, park or station upon any street any vehicle that:

1. Is licensed for more than twelve thousand (12,000) pounds gross; or
 2. Is defined as a commercial vehicle; or
 3. Has more than six (6) wheels; or
 4. Has an overall length, including any trailer, mobile home or any other object attached thereto, exceeding twenty five feet (25'); or
 5. Is what is commonly referred to as a "semi", "tractor", "tractor trailer", or "truck trailer", with or without pup; or
 6. Is what is commonly referred to as construction equipment, including backhoes, transport trailers, excavation equipment, etc.
- Vehicles in violation may be subject to citation, fees, and/or towing. Thank you for your cooperation in making our city a beautiful and safe community.

The City also wants to remind everyone that Winter Parking Restrictions will start November 1st. "It is unlawful for any person to park or allow to remain parked any vehicle upon streets from November 1 to the following March 31."

To view city code on winter parking restrictions, please visit our website at www.cedarhills.org/snow-removal-and-street-parking/



Park reservations end October 15th for the season. Park Restrooms will be open through October 31 if weather permits.

TALK SHOP WITH A COP



A message from Lieutenant Josh Christensen:

With school in session, it is time to use extra caution to make sure that our students can make it to and from school as safely as possible.

- At a crosswalk, motor vehicles are required to yield the right of way to all pedestrians and bicyclists.
- At school crosswalks with lights flashing, motorists must come to a complete stop for anyone in the crosswalk regardless of what side of the roadway they are on. At crosswalks outside of a designated school crosswalk, motorists must yield to pedestrians in a crosswalk on the motorist's half of the roadway or if the pedestrian is fast approaching from the opposite half of the roadway.
- When pedestrians or bicyclists are attempting to cross the roadway at other locations without a crosswalk, stop sign, or yield sign, they must yield to motor vehicles. Pedestrians are required to obey all traffic signs and signals that apply to pedestrians. When in doubt, it is always best to yield the right of way to others on the roadway.
- For vehicles dropping off passengers, stopping, standing, or parking vehicles on a sidewalk, safety zone, or crosswalk is prohibited. You may only stop a vehicle momentarily to pick up or drop off passengers within 20 feet of a crosswalk.
- To ensure the safety of bicyclists, motorists may not pass within 3 feet of a moving bicycle, regardless of the time of day, location, or age of the bicyclist. All bicyclists must have at least one hand on the handlebars at all times. In addition, a bicyclist is not permitted to carry packages, packs, bundles, or any other article that prevents him/her from keeping both hands on the handlebars.

There are specific rules for electric bicycles as well.

- Some of these laws include:**
- An individual under 16 years of age may not operate a class 3 electric assisted bicycle (a class 3 bicycle is capable of speed of 20 mph or more), an individual under 14 years of age may not operate an electric assisted bicycle with the electric motor engaged on any public property, highway, path, or sidewalk unless the individual is under the direct supervision of the individual's parent or guardian, and an individual under eight years of age may not operate an electric assisted bicycle with the electric motor engaged on any public property, highway, path, or sidewalk.

In addition, please make sure that you secure your bicycle with a locking device at school and at home. You should also make a record of the serial number in the event the bicycle is stolen. You can also register your bicycle at the police department so that officers can search the serial number when a bicycle is recovered. Bike registration is free for American Fork or Cedar Hills citizens. You can register your bike by coming into our Police Department during regular business hours (Monday - Thursday 8:00 am to 5:00 pm). Please bring the make, model and serial number of your bicycle. It only takes a few minutes to fill out the registration form and receive your registration sticker. You are encouraged to contact the police department if you have any questions; e-mails may be sent to alunt@afcity.net. Depending on the number and type of questions received, your question may be answered via the city newsletter, e-mail, or phone call.