



TOT SOCCER PLAYING RULES

Score is not kept. At the end of the game there are no winners or losers.

THE BALL

The ball is a size 3 (three).

THE NUMBER OF PLAYERS AND SUBSTITUTIONS

Teams are composed of 8-9 players.

The number of players on each team on the field is 4 (four). NO GOALKEEPERS

A team may not play with less than three (3) players on the field.

PLEASE MAKE SURE TO PLAY EVERYONE EQUALLY

Substitutions: For an injured player, when play is stopped, at quarter breaks.

NOTE: Spectators or parents shall not enter the field of play for any reason without permission.

THE EQUIPMENT

Footwear: Tennis shoes or soft-cleated soccer shoes

No jewelry of any sort (including earrings)

Shin guards are mandatory for all practices and games. Players will not be allowed to participate without them.

THE REFEREE

Coach or assistant (must remember that he/she is serving as an official)

All rule infractions shall be briefly explained to the offending player.

THE DURATION OF MATCH

The game shall be divided into four, eight-minute quarters with two-minutes between quarters and a five-minute half-time period.

There will be no time stoppage for any reason.

OFFSIDE

There shall be no offside.

FOULS AND MISCONDUCT

All fouls will result in an indirect free kick with the opponents 4 (four) yards away.

The referee must explain all infractions to the offending player.

FREE KICKS

Kick-off, throw-ins, goal kick, and fouls are indirect kicks (i.e. a goal cannot be scored by kicking the ball directly into the goal. The ball must first be touched by another player).

Defending players must be at least 4 (four) yards from the ball at the time of the free kick.

PENALTY KICK

No penalty kicks are to be taken during these games.

THROW-IN

If a throw-in is done improperly, a second throw-in must be allowed. The referee shall explain the proper method before allowing the player to re-throw.

GOAL KICK

Ball is placed on the arch around the goal. Opponents must be 4 (four) yards away.

CORNER KICK

Opponents must be 4 (four) yards away.

OTHER

If a team is guilty of intentionally placing a player in front of their goal while his/her team is on the attack, the referee shall stop play, warn the team, and restart with a free kick to the other team at the point where the ball was at the time of the stoppage. The intent of this rule is to encourage ALL players to be involved in the play of the game.