

CEDAR HILLS ó On Tuesday, March 5th Mayor Gary Gygi will participate in the Mountainland Association of Government third annual Mayors for Meals Day. This is part of the Meals-on-Wheels program provided by this organization.

Meals-on-Wheels helps homebound seniors by providing hot lunchtime meals for those age 60 and over. Volunteers also provide a special touch of comfort and a daily safety check, enabling seniors to be independent in their own homes.

“In this tough economy, the meals and human contact that we provide the seniors in this community is needed more than ever,” said Scott McBeth, director of the Aging and Family Services Department at Mountainland Association of Governments. “With looming spending cuts, the support of our elected officials is vital to continue to serve the hungry seniors in Utah County.”

Mayors for Meals is part of a national campaign during the month of March, initiated by MOWAA, which seeks to raise awareness and to encourage action on the part of the local community.

“I am honored to participate in this event,” stated Mayor Gary Gygi. “Programs such as this provide a valuable service to those in our community who are the most in need. I hope that many in our city will volunteer their time to support this organization and help these seniors.”

To find more information or to become a volunteer, please visit the MAG website at www.mountainland.org.

Media inquiries may be sent to Jenney Rees at jrees@cedarhills.org