

WORK SESSION  
Tuesday, January 8, 2013 6:00 p.m.  
Community Recreation Center  
10640 N Clubhouse Drive, Cedar Hills, Utah

Present: Mayor Gary R. Gygi, Presiding  
Council Members: Trent Augustus, Scott Jackman, Stephanie Martinez,  
Jenney Rees, Daniel Zappala  
David Bunker, City Manager  
Chandler Goodwin, Assistant City Manager  
Colleen Mulvey, City Recorder  
Greg Gordon, Recreation Director  
Others: Lt. Sam Liddiard, Pat Bird, Richard Nance

This work session of the City of Cedar Hills, having been properly noticed, was called to order at 6:05 p.m. by Mayor Gygi.

Presentation/Discussion on participating with Utah County in their *Communities That Care* program

Pat Bird, of the Utah County Department of Drug and Alcohol Prevention and Treatment introduced himself and Director, Richard Nance. He handed out results from a recent *Community Readiness Survey*. He said that the community is defined as Alpine, Highland and Cedar Hills and the issue/priority focus is on substance abuse.

He explained that this is a community comprised of three, small affluent cities, whose children attend the same high school. In recent months there have been deaths. The community was shocked and out of concern for the families, a community meeting was held at the high school to discuss the issue. Community members are reserved about admitting to having problems with substance abuse. There is often a feeling that it can't happen to me or my family. He said that although this issue has recently come to the forefront of the community, the sense of privacy and personal immunity to the issue may be obstacles that will need to be overcome. Leaders are greatly concerned that something needs to be done and feel there are resources to address the issue. They have started a discussion in order to bring the problem to the attention of the community at large. Community members have a very strong desire to address the issue as they learn about it.

Mr. Bird stated that this community is at a stage of vague awareness. They understand substance abuse is an issue the community faces, but also seem to believe catching individuals abusing substances is the primary way to address the problem. We need to raise awareness that the community can make a difference by preventing substance abuse before it begins. There is local concern that something needs to be done about the problem, however, aside from local police, health teachers and the hospital there is no identifiable leadership.

Mr. Bird said that they propose that a volunteer committee be appointed to work with the Utah County Department of Drug and Alcohol and Treatment, and to become aware of what other communities are doing to address these issues.

Mr. Bird stated that *The Communities That Care* system is a community action model, based on years of research and continuous improvement with substance abuse prevention that involves all parts of the community, identifies gaps in existing communities, and ensures financial and other resources are used efficiently. He then presented information (Exhibit A) on Utah County's Communities That Care (CTC) program which covered the following topics: The Premise of Prevention Science, Prevention Influence, Risk Factors, Protective Factors, Community Youth Development Study, CTC Process and Timeline, and a Goal for Community Prevention.

Mayor Gygi stated that he thinks this program is a wonderful idea for our area because we need to address the issues of drugs, alcohol, and suicide.

C. Jackman asked if the three cities were chosen because of Lone Peak High School, he pointed out that some of our residents also attend American Fork High School. Mr. Bird said that they were approached by Lone Peak about this program.

C. Martinez commented that she attended the meeting that was held at Lone Peak and that the information was shocking. She agrees that the community is at the vague awareness stage. She asked if there were steps set up, and are there other communities that follow the program. Mr. Bird said that it starts with pre-planning to tell where your community is at, and there is a model to follow to help start the process with steps or phases. They suggest a committee be formed and to take a look at what other communities are doing. The communities of Springville, Payson, Saratoga Springs and Eagle Mountain are participating in this program.

C. Martinez stated that the substance abuse issue is a primary way to address these problems. She said that there is the culture out there that my child doesn't do that, and it's hard to change that culture when parents don't take ownership. Mr. Bird said that that is when you have the community take ownership if the parents are not willing to. This is a model to start us out so that we don't have to go into crisis mode.

C Jackman asked that if the community wants to move forward, are there things we have to do before we begin, do you guys step in. Mr. Bird stated that they would be willing to help; they start with the key leaders such as all the city councils. C. Jackman asked what happens if not all of the key leaders of the three communities want to go forward with this. Mr. Bird stated that Highland wants to move forward and they want Alpine and Cedar Hills to move forward with them.

C. Zappala stated that he would like to get more details. Mr. Bird stated that they would be glad to give more details and examples of where these models have been successful.

C. Jackman stated that he thinks that this is a good idea and would like to spend more time discussing it. He recommended putting this on a future agenda as a discussion item after we have looked over the information and details of the successful models. Mayor Gygi agreed.

Mayor Gygi thanked Mr. Bird for his presentation.

**MOTION: C. Jackman—To go into Executive Session, Pursuant to Utah State Code 52-4-204 and 52-4-205 to discuss pending litigation.** Seconded by C. Augustus. (6:40 p.m.)

Yes - C. Augustus  
C. Jackman  
C. Martinez  
C. Rees  
C. Zappala Motion passes.

**MOTION: C. Augustus—To Adjourn Executive Session and Reconvene Work Session.** Seconded by C. Jackman. (6:56 p.m.)

Yes - C. Augustus  
C. Jackman  
C. Martinez  
C. Rees  
C. Zappala Motion passes.

This work session was adjourned 6:56 p.m. by Mayor Gygi.

/s/ Colleen A. Mulvey \_\_\_\_\_  
Colleen A. Mulvey, CMC  
City Recorder