

Cedar Hills Recreation

www.cedarhills.org

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10640 N Clubhouse Drive

Cedar Hills, UT 84062



Fall & Winter Guide

Flag Football



Karate



JOIN THE FUN

Check our website for other great activities & community classes

Basketball



Pickleball



YCC



Youth Theater



Ski Bus



Soccer



Santa Party



Fall & Winter Guide

Flag Football



Grades 2-9:

Games begin in early September. Games will be played during the week and on some Saturday mornings at the field just north of Lone Peak High School. **Registration: June–August 15th**

NEW Teen League (Grades 10-12):

Form a team and sign up together or sign up individually. Games will begin in September and be played during the week. **Registration Deadline: August 31st**

Sangaku-kan West Karate Classes:

Karate classes for children and adults are offered at the Cedar Hills Recreation Center. The five-week course teaches the basics in self-defense while reinforcing principles of discipline, respect, humility, and self-understanding in a safe learning environment. The next five-week session begins August 24th. **Registration is \$50 per session**

Karate



Basketball



Jr. Jazz Basketball:

This is a great basketball league for boys and girls grades 3-8. The majority of games are played on Saturdays at Mountain Ridge Jr. High or Lone Peak High School.

Registration: October 1–November 29

Pickleball:

Catch Pickleball fever! The city now has pickleball equipment to rent, including a net, paddles, and balls; pickleball courts have been painted on the basketball courts located at Heritage Park and Timpanogos Cove Park. Weekday rentals are just \$15/day (includes 2 hours of court time) or \$20/weekend (includes 4 hours of court time)

Pickleball



Soccer



Fall Tot Soccer:

Kids ages 3 & 4 can participate in co-ed tot soccer. All games will be held at Cedar Hills Mesquite Park on Tuesday evenings. Parents are encouraged to volunteer. **Registration: July 1–August 8**

Fall Soccer (Grades K-2):

Games will begin in late August for Fall Soccer. Kindergarten teams are co-ed, 1st and 2nd graders are divided into girls and boys teams. Games are played on Saturday mornings at Mesquite Park in Cedar Hills. **Registration Deadline: August 2**

Ski Bus:

Youth ages 7-17 are invited to sign up for the Snowbird Ski School held on February 6, 20, & 27. A bus will shuttle you to and from the resort where you will get a two hour lesson and a half day on the slopes! **Registration Begins: November 1**

Ski Bus



YCC



Youth City Council:

Attention all 9th-12th graders! Cedar Hills Youth City Council wants YOU! Interested in meeting new friends while having a say in the city's youth activities? Join YCC!!! **Applications for the 2016-2017 school year are due by April 30**

Youth Theater:

Interested in musical theater? On Tuesday evenings, starting August 25, Cedar Hills offers theater classes for kids ages 8-18. This is a 12-week course where students learn the basics and finer points of musical theater, while rehearsing and performing Disney's *Mulan Jr.* \$35/month/3 months or \$95 if paid in advance. Production will be performed in November.

Youth Theater



Santa Party



Annual City Santa Party:

Set for December 7, the city will host its annual party at the Community Recreation Center from 6:00–8:00pm. Bring the kids early to see Santa arrive with bells and sirens in his firetruck! Join us for hot cocoa, brownies, and free pictures with Santa. This event is free...see you there!